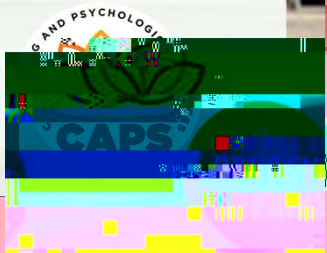


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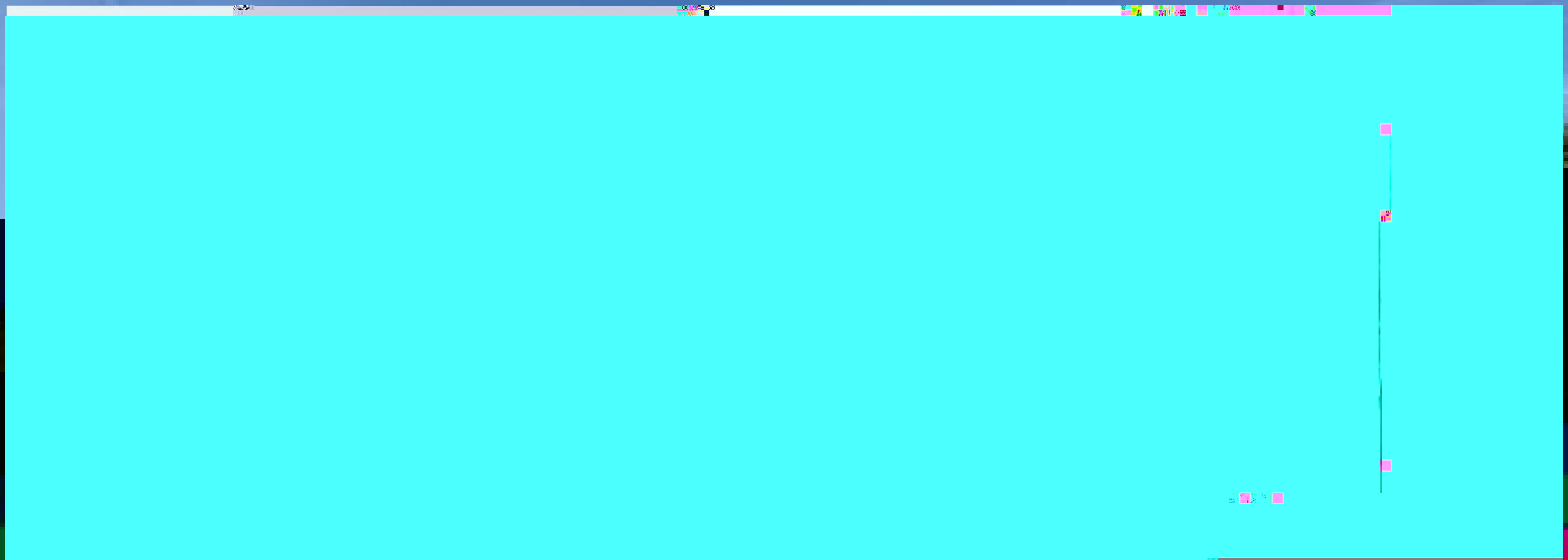
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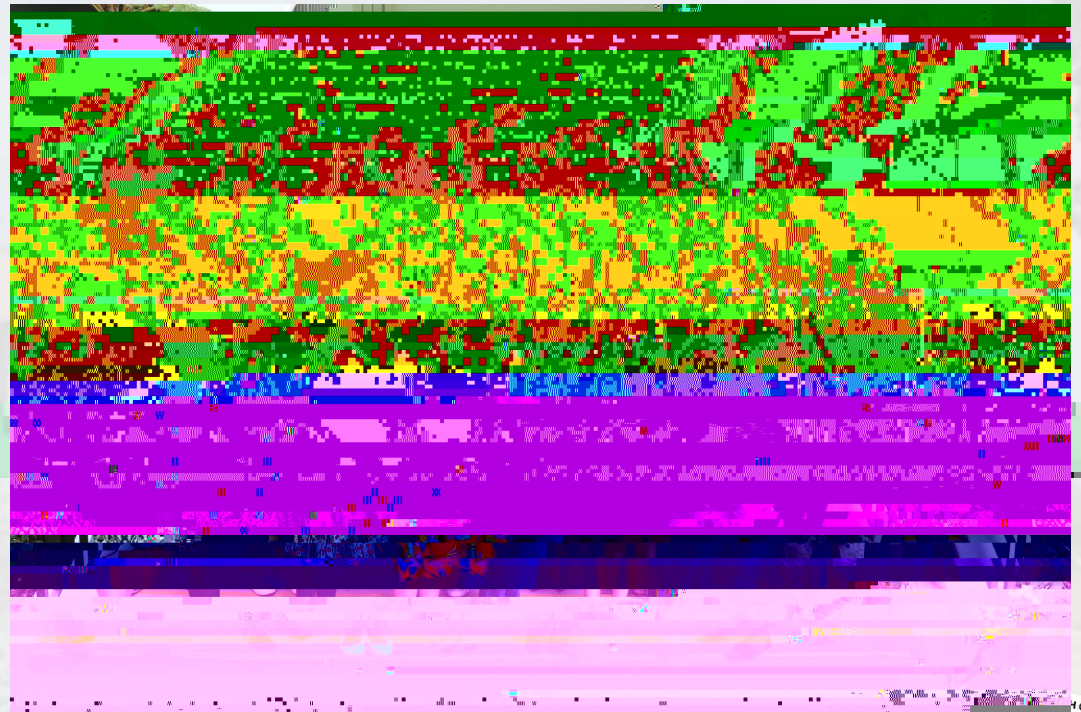
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Licensed Psychologists
Clinical Counselors
Doctoral Psychology Interns
Case Manager/Social Worker
Psychiatrist
Peer Educators
Administrative Support



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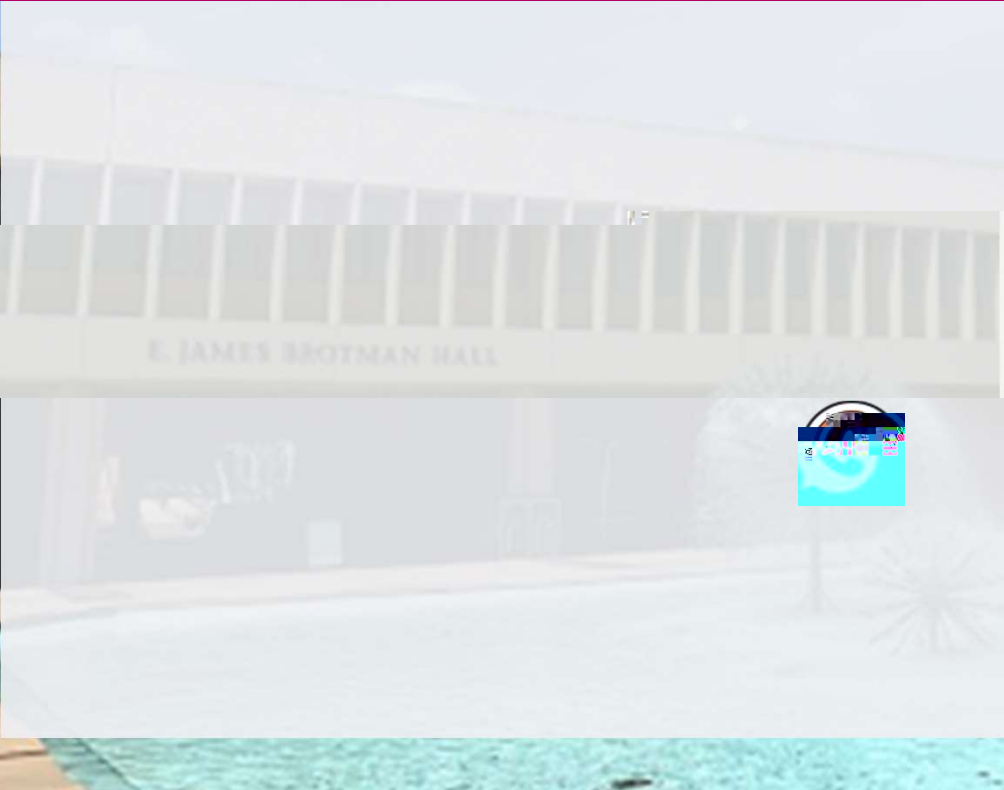
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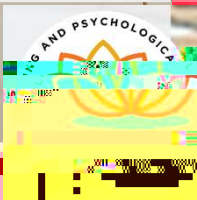
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Student disclosures of distress or hardship

- ▶ Loss of a friend or family member
- ▶ Recent diagnosis of a significant medical condition or change in medication regimen
- ▶ Struggles with depression, anxiety, or other mental health concern
- ▶ Suicidal thoughts or self-harming behaviors
- ▶ An experience of sexual assault
- ▶ Vague signaling of emotional distress (e.g., “I’ve got a lot going on right now”)
- ▶ Homelessness

Behavioral signs of emotional distress

- ▶ **Tearfulness**
- ▶ **Irritability or Hostility**
- ▶ **Difficulties concentrating**
- ▶ **Withdrawal from group work**
- ▶ **Changes in behavior (e.g., stops coming to class, poor hygiene)**
- ▶ **Expression of bizarre thoughts**
- ▶ **Disorganized speech or extended delays in speech**
- ▶ **Odd or eccentric behavior**
- ▶ **Reports of other physical symptoms (e.g., dizziness, difficulties breathing)**

Recommendations for the interaction

- Speak to the student in private
- Share your concerns without interpretation or judgment
- Show empathy & understanding



When to make a referral

- **Impairment in daily functioning**
- **Outside of your range of knowledge or beyond your level of comfort**
- **Outside of your professional role**
- **Student is reluctant to speak with you**
- **Lack of improvement over time**



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Hi___, I am so sorry to hear about the recent loss of your father. I cannot imagine how difficult that can be. Please take time to be with your family and do not worry about missing 8TJ 0 18.96 Tfrj /TT0 6

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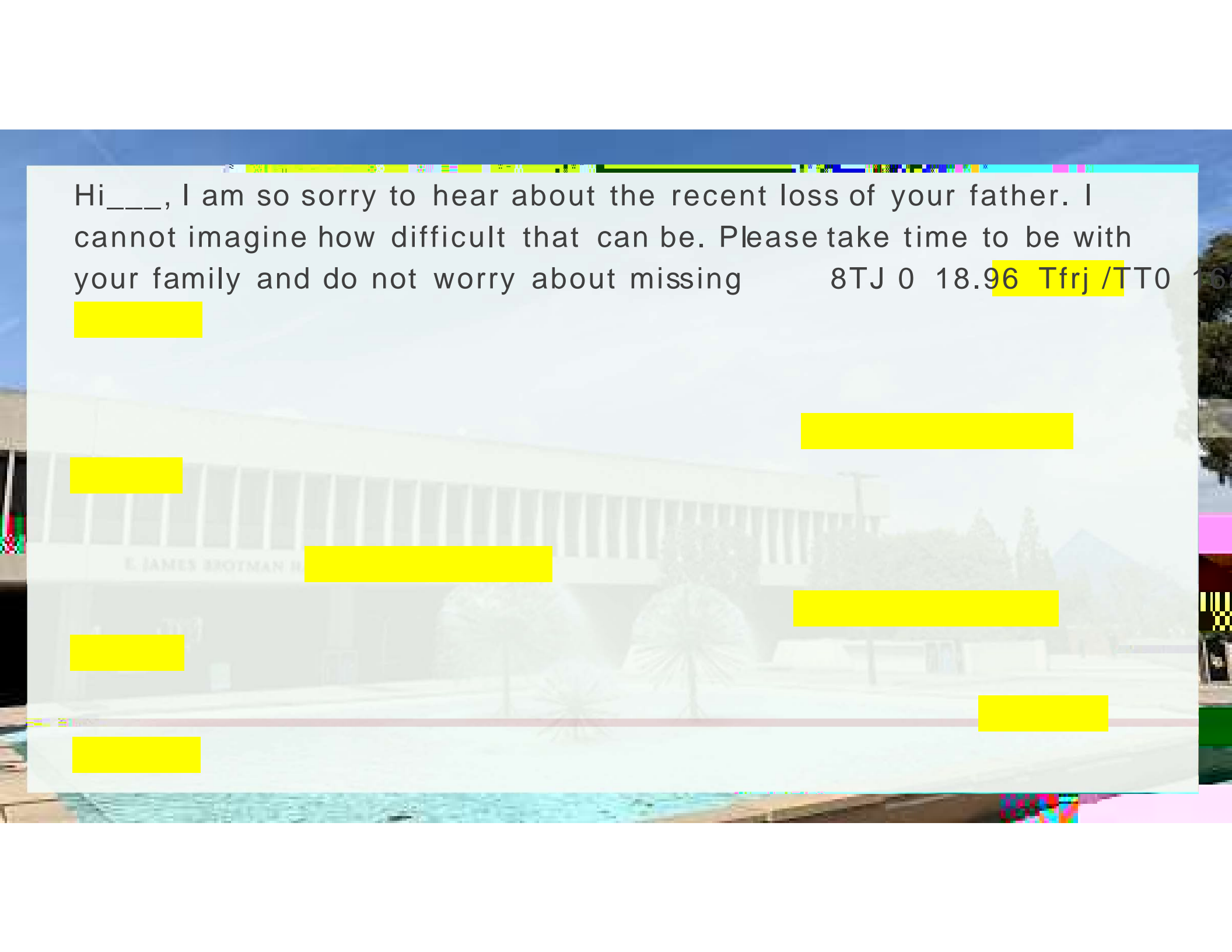
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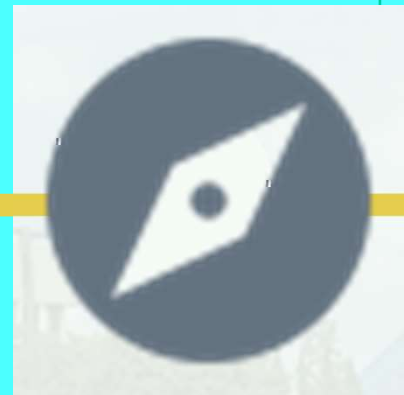
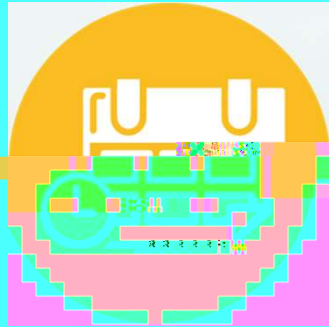
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Other



Other important on campus referrals



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[&\\$ 83 KWWSV ZZZ FVXOE HGX VWXGHO](#)
[FDPSXV DVVHVVP HQW VWDELOLJDWL](#)



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[FDUHV](#)



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[KWWSV FOD FVXOE HGX QDWE](#)



Additional training opportunities

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- : H O O Q B H E D V V D8GRUW L I Z B D W O B L Q R J U I D R V W E H G % D V L H H G V & R X Q V H O 3 V Q J F K R O R Q H B D O F K R X U V @
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